



CHIANG MAI
UNIVERSITY

Curriculum Vitae

Professor Tinakon Wongpakaran, MD, FRCPsychT



Name: Tinakon Wongpakaran, MD, FRCPsychT

Academic position: Professor of Psychiatry (Highly-ranked)

Gender: Male

Contact information

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Thai Royal Decoration (เครื่องราชอิสริยาภรณ์)

Knight Grand Cordon (Special Class)-มหาวชิรมงกุฏ (Maha Wachira Mongkut) (ม.ว.ม)

Education

2019	Diploma of the Thai Subspecialty Board of Geriatric Psychiatry, Medical council
2004-2006	Postdoctoral Fellowship Certificate in Psychotherapy, University of Toronto, Canada (Training site: Mt. Sinai Hospital, Supervisor Prof. Melyn Leszcz, MD. FRCP(C)
1990-1992	Diploma of the Thai Board of Psychiatry, Medical council (Chiang Mai University, Thailand)
1990	Graduate Diploma in Clinical Sciences (Psychiatry), Mahidol University, Thailand
1993-1989	Doctor of medicine, Khon Kaen University, Thailand

Employment history

19 Jan 2017-present	Professor of Psychiatry (Highly-ranked), Department of Psychiatry, Faculty of Medicine, Chiang Mai University, Thailand
2011-18 Jan 2017	Professor of Psychiatry, Department of Psychiatry, Faculty of Medicine, Chiang Mai University, Thailand
2003-2011	Associate professor, department of psychiatry, Faculty of medicine, Chiang Mai University, Thailand
2006-2009	Deputy head of department of psychiatry, Faculty of medicine, Chiang Mai University
2004-2006	Fellow, Psychotherapy program, University of Toronto, Canada
1999-2004	Assistant professor of psychiatry, department of psychiatry, Chiang Mai University, Thailand
1995-1999	Instructor, department of psychiatry, Chiang Mai University, Thailand
1992-1994	Head of community psychiatry division, Suanprung mental hospital Chiang Mai, Thailand

Professional memberships

1. Member of Medical Council of Thailand
2. Member of the Royal College of Psychiatrist of Thailand
3. Member of American Group Psychotherapy Association (AGPA)
4. Member of the San Francisco Psychotherapy Research Group (FPRG)
5. Member of the International Society of Study of Dissociation (ISSD)
6. Member of the Society of Psychotherapy Research (SPR)
7. Member of Psychogeriatric Network, Thailand (PGN)
8. Member of Thai Society for Geriatric Psychiatry and Neuropsychiatry (TSGN)
9. Member of International Psychogeriatric Association (Life-time)
10. Member of Psychometric Society

Editorship

Associate editor: BMC Psychiatry (as of 2020)

Editorial board of INTERPERSONA - international journal on personal relationships

<http://interpersona.psychopen.eu/announcement/view/4>

Talks and presentations

2017

- Keynote speaker on 'Grief of a Nation' 24 Feb 2017, Chiang Mai, Thailand
- Psychotherapy in elderly (Caregiver training day # 7) August 9, 2017, Faculty of Medicine, Chiang Mai University

2016

- Psychotherapy in elderly (Caregiver training day) July, 2016, Faculty of Medicine, Chiang Mai University

- Keynote speaker 'Bridging research in psychotherapy' at the 40th Clinical psychology annual conference, Chiang Mai, Thailand, 23 Nov 2016

2015

- SCID II training workshop 30 Jan 2015, Ibis hotel Chiang Mai
- Lecture entitled "Psychotherapy of depressed elderly for care giver, in "Care giver Training Day", held by Geriatric Psychiatry Unit, Department of Psychiatry and Outpatient Department, Maharaj Nakorn Chiang Mai hospital, Chiang Mai, June 27, 2015
- SCID II training workshop 20-21 August 2015, Ibis hotel Chiang Mai
- Medical Students' Learning Style and Perception of stress and Academic Achievement. 16th National Medical Education Conference of Thailand- Educating Future Doctors for Health Equity, 23-25 August 2015, Prince of Songkla University, Hat Yai, Songkhla
- Motivation and Academic Achievement. 16th National Medical Education Conference of Thailand- Educating Future Doctors for Health Equity, 23-25 August 2015, Prince of Songkla University, Hat Yai, Songkhla
- Association between Perceived Stress, Social Support and Interpersonal Problems in medical students. 16th National Medical Education Conference of Thailand- Educating Future Doctors for Health Equity, 23-25 August 2015, Prince of Songkla University, Hat Yai, Songkhla

2014

- "Bereavement Care"- A Training course for therapist, April 30, 2014, 15th Floor Sujino Building, Maharaj Nakorn Chiang Mai.
- Lecture entitled "Psychotherapy of depressed elderly for care giver, in "Care giver Training Day", held by Geriatric Psychiatry Unit, Department of Psychiatry and Outpatient Department, Maharaj Nakorn Chiang Mai hospital, Chiang Mai, February 27, 2014
- Oral presentation entitled "Therapist Effects on Psychotherapy Process and Patients' Behaviors", In the Symposium, "Psychotherapy Training in Residency Program: A Matrix of Learning and Supervision" 42th Annual Conference of Royal College of Thai Psychiatrists, Golden Tulip Hotel, Bangkok, 15-17 November, 2014

2013

- Oral Presentation "Importance of Feeling Safety in Psychotherapy of Borderline Personality Patients", 41th Annual Conference of Royal College of Thai Psychiatrists, Golden Tulip Hotel, Bangkok, 21-22 November, 2013
- Oral Presentation "Using Control Mastery Therapy with Borderline Patients", Society of Psychotherapy Research (SPR), 44th July 10-13, 2013, Brisbane, Australia.

- Poster presentation, Strength-Based Therapy (SBT): Incorporation of the 'Great Human Strength' concept within the psychotherapy model, Society of Psychotherapy Research (SPR), 44th July 10-13, 2013, Brisbane, Australia.
- Lecture, Fundamental issue for effective psychotherapy-A practical review, 4th Achieving Psychotherapy Effectiveness 2013, Feb 28 - Mar 1, 2013, Holiday Garden, Chiang Mai, Thailand
- Lecture, Psychotherapy for personality disorders, 4th Achieving Psychotherapy Effectiveness 2013, Feb 28 -Mar 1, 2013, Holiday Garden, Chiang Mai, Thailand
- How Therapist Makes Use of Patient's Self-Reported Questionnaires (with Natchayaporn Wattanathamrak, MD.), 4th Achieving Psychotherapy Effectiveness 2013, Feb 28 - Mar 1, 2013, Holiday Garden, Chiang Mai, Thailand
- Case presentation: Mr. W's "One step back before moving forward"(with Rattanasak Roengtham,MD.), 4th Achieving Psychotherapy Effectiveness 2013, Feb 28 - Mar 1, 2013, Holiday Garden, Chiang Mai, Thailand

2012

- Lecture entitled "Group Psychotherapy : Principle and Practice, Payao hospital, Payao
- Lecture entitled "Psychotherapy for depressed Elderly" PGN meeting
- Poster presentation, What determines the level of agreement between patients and clinicians on suicidal ideation? A study of elderly residents in a nursing home, IPA 7-12 Sep, 2012 Cairn, Australia.

2011

- Lecture entitled "Psychotherapy of depressed elderly for care giver, in "Care giver Training Day", held by Geriatric Psychiatry Unit, Department of Psychiatry and Outpatient Department, Maharaj Nakorn Chiang Mai hospital, Chiang Mai, November 1, 2011
- Lecture entitled "Assessment of traumatized elderly", SongkhlaNakarintara Psychiatric hospital, Songkhla, Thailand, October 29, 2011
- Presented two workshops in TSGN "Late-life depression" Pre-congress workshop 2011, Golden Tulip Hotel, Bangkok, 11October, 2011.
- Oral presentation entitled "Therapist Factor : Influences on Working Alliance", In the Symposium, " Doctor, can you recommend me a therapist?" 39th Annual Conference of Royal College of Thai Psychiatrists, Golden Tulip Hotel, Bangkok, 12-14 October, 2011
- Lecture entitled "Psychological aspect of substance abusers", Drug Dependence and rehabilitation center, Khonkaen, Chiang Mai, Thailand, Sep 26, 2011
- Oral Presentation "Group Cohesiveness Scale", World Congress of Psychotherapy, Sydney, Australia, 23-29 August, 2011
- Lecture entitled "Fundamental issue for effective psychotherapy-review", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 10-11 August, 2011

- Lecture entitled "Process and Outcomes in individual and Group Psychotherapy", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 10-11 August, 2011
- Lecture entitled "Illustration of Psychotherapy effectiveness (measuring change)", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 10-11 August, 2011
- Lecture entitled "Measurements for psychotherapy", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 10-11 August, 2011
- Poster presentation, How the interpersonal and attachment styles of therapists impact upon the therapeutic alliance and therapeutic outcomes. Society of Psychotherapy Research (SPR), 42th June29-July3, 2011, Bern, Switzerland.
- Poster presentation, Attachment Score. Society of Psychotherapy Research (SPR), 42th June29-July3, 2011, Bern, Switzerland.
- Poster presentation, A Woman with nightmare of Naga. Society of Psychotherapy Research (SPR), 42th June29-July3, 2011, Bern, Switzerland.

2010

- Poster presentation, Depression in the Elderly: The role of income, education, interpersonal problems and personality factors in a Thai sample. IPA, 26th - 29th September 2010, Santiago de Compostela, Spain

2009

- Oral presentation, Validity and reliability of the Thai ECR-R. World Congress of Mental Health. 2nd-6th September, Athens, Greece
- Lecture entitled "Psychotherapy for Depressed Elderly", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 28-29 August, 2009
- Lecture entitled "Psychotherapy: adversary and Techniques: Experiences with standardized patients", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 28-29 August, 2009

2008

- Oral presentation, A control-mastery psychotherapy case illustrating treatment based on attitudes in a patient with schizoid personality disorder. The 11th congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH & the annual meeting of the South Asian Forum on Mental Health and Psychiatry (safmhp) august 26-29, 2008, Bangkok, Thailand
- Lecture entitled "individual psychotherapy: What's new?", Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 15-16 February, 2008
- Lecture entitled "Adverse outcomes and therapeutic impasses: Case discussion" Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 15-16 February, 2008
- Lecture entitled "Interpersonal Group Psychotherapy: The Mount Sinai experience" Achieving Psychotherapy Effectiveness, Chiang Mai, Thailand, 15-16 February, 2008

2006

- Oral presentation, Tracking process outcome in group psychotherapy. Annual conference of the Canadian Group Psychotherapy Association. October 2006, Winnipeg, Canada

2005

- Poster presentation, Tracking process outcome in group psychotherapy. The Stancer-Harvey Research Day, University of Toronto. June 2005, Toronto, Canada

2001

- Oral presentation, "The birth order and personalities of medical students". World Biological Psychiatry Congress, 1-6 July 2001, Berlin, Germany

Publication

By 2001

1. **Chan-ob T.** Boonyanaruthee V. Which subject scores are the best predictors in medical achievement? Chiang Mai Med Bull 1996; 35(4):189-94.
http://www.med.cmu.ac.th/journal/fulltext/CMJ_1996_Vol_35_Issue_4_No-8_P189-194.pdf
2. Boonyanaruthee V, **Chan-ob T.** Personality and performance of medical students, Chiang Mai Med Bull 1997;36 (1):23-6.
http://www.med.cmu.ac.th/journal/fulltext/CMJ_1997_Vol-36_Issue-1-2_No-4_P19-27.pdf
3. Srisurapanont M, **Chan-ob T,** Maneeton N. Comparison of the efficacy between risperidone and classical antipsychotics: a meta-analysis of randomized controlled trials in schizophrenia patients. J Psychiatr Assoc Thailand 1996;41:247-60.
4. Boonyanaruthee V, **Chan-ob T.** What kinds of characteristics are important for studying psychiatry? ASEAN J Psychiatry 1997; 5: 24-9.
5. **Chan-ob T,** Boonyanaruthee V. Meditation in association with psychosis. J Med Assoc Thai 1999; 82: 925-30.
<http://www.ncbi.nlm.nih.gov/pubmed/10561951>
6. **Chan-ob T,** Boonyanaruthee V. Medical students's attitudes towards behavioral sciences. J Med Assoc Thai 2000 ;83:936-9.
<http://www.ncbi.nlm.nih.gov/pubmed/10998849>

2001-2005

7. **Chan-ob T,** Kuntawongse N, Boonyanaruthee V. Quetiapine for tic disorder: a case report. J Med Assoc Thai 2001; 84 :1624-8.
<http://www.ncbi.nlm.nih.gov/pubmed/11853307>
8. **Chan-ob T,** Kuntawongse N, Boonyanaruthee V. Bupropion for amphetamine withdrawal syndrome. J Med Assoc Thai 2001;84:1763-5.
<http://www.ncbi.nlm.nih.gov/pubmed/11999825>
9. **Chan-ob T,** Boonyanaruthee V, Pinyopornpanich M. Intaprasert S, kuntawongse N. The birth order and personalities of medical students. J Med Assoc Thai. 2002 Jan;85(1):97-101.
<http://www.ncbi.nlm.nih.gov/pubmed/12075729>

10. Boonyanaruthee V, **Chan-ob T**, Chulakadabba S, Ekasawin S, Khuangsirikul V, Lotrakul M, et al. An open, baseline controlled evaluation of sertraline safety and efficacy in the treatment of depression in Thai patients. *J Med Assoc Thai* 2001;84:54-62.
<http://www.ncbi.nlm.nih.gov/pubmed/11281500>
11. Boonyanaruthee V, **Chan-ob T**. Good doctor: what good and bad attributes are? *J Med Assoc Thai*. 2002 Mar;85(3):361-8.
<http://www.ncbi.nlm.nih.gov/pubmed/12117027>
12. Wongpakaran N, **Wongpakaran T**, Angkatavanich V, Chaisrisawadisuk S. Psychiatric disorders in burn patients. *J Psychiatr Assoc Thai* 2003; 48(4): 138-48.
<http://www.dmh.go.th/abstract/pdf/20050000147.pdf>
13. Pinyopornpanish M, Sribanditmonkol P, Boonyanaruthee V, **Chan-ob T**, Maneeton N, Uaphanthasath R. Factors affecting low academic achievement of medical students in the Faculty of Medicine, Chiang Mai University. *Chiang Mai Med Bull* 2004; 43 (1): 15-23.
<http://www.med.cmu.ac.th/journal/fulltext/Manee.pdf>
14. Wongpakaran N, **Wongpakaran T**, Suttajit S, Tanchakwaranont S, medical students and the acceptance by psychiatric patients. *Chiang Mai Med Bull* 2005; 44 (4): 147-153.
<http://www.med.cmu.ac.th/journal/fulltext/Nahathai.pdf>
15. Wongpakaran N, **Wongpakaran T**. Personality disorder in medical students: measuring by IPDE-10. *J Med Assoc Thai* 2005; 88 (9):1278-81.
http://www.mat.or.th/journal/files/Vol88_No9_1278.pdf

2006-2010

16. Wongpakaran N, van Reekum R, **Wongpakaran T**, Clarke D. Selective serotonin reuptake inhibitor use associate with apathy among depressed elderly: a case control study. *Ann Gen Psychiatry* 2007;6:7.
<http://www.annals-general-psychiatry.com/content/pdf/1744-859X-6-7.pdf>
17. Wongpakaran N, **Wongpakaran T**. The Thai version of the PSS-10: An Investigation of its psychometric properties. *Biopsychosoc Med*. 2010 Jun 12;4:6.
<http://www.bpsmedicine.com/content/pdf/1751-0759-4-6.pdf>

2011

18. **Wongpakaran T**, Wongpakaran N, Wannarit K. Validity and reliability of the Thai version of the Experiences of Close Relationships-Revised questionnaire. *Singapore Med J* 2011 Feb 52(2):100-106.
<http://smj.sma.org.sg/5202/5202a7.pdf>
19. **Wongpakaran T**, Wongpakaran N. Confirmatory factor analysis of Rosenberg Self Esteem scale. *J Psychiatr Assoc Thailand* 2011; 56:59-70.
<http://psychiatry.or.th/JOURNAL/56-1/06-Tinakon.pdf>
20. Wongpakaran N, **Wongpakaran T**, Bookamana P, Pinyopornpanish M, Maneeton B, Lerttrakarnnon P, Uttawichai K, Jiraniramai S. Diagnosing delirium in Thai elderly by family physicians: The utilization of CAM algorithm. *BMC Fam Pract*. 2011 Jul 1; 12(1):65.

<http://www.biomedcentral.com/content/pdf/1471-2296-12-65.pdf>

21. **Wongpakaran T**, Petcharaj K, Wongpakaran N, Sombatmai S, Boripuntakul T, Intarakamhaeng D, Wannarit K. The effect of Telephone-Based Intervention (TBI) in alcohol abusers: A pilot study. *J Med Assoc Thai* 2011; 94 (7): 849-56.

<http://www.jmat.mat.or.th/index.php/jmat/article/viewfile/96/94>

22. **Wongpakaran T**, Wongpakaran N, Boripuntakul T. Symptom Checklist-90 (SCL-90) in a Thai Sample. *J Med Assoc Thai*. *J Med Assoc Thai* 2011; 94 (9): 1141-9.

http://www.mat.or.th/journal/files/Vol94_No.9_1141_7258.pdf

23. **Wongpakaran T**, Wongpakaran N, Ruktrakul R. Reliability and Validity of the Multidimensional Scale of Perceived Social Support (MSPSS) Thai version. *Clin Pract & Epidemiol Ment Health* 2011;7:161-6.

<http://www.benthamscience.com/open/cpemh/articles/V007/161CPEMH.pdf>

2012

24. **Wongpakaran T**, Wongpakaran N. A Comparison of Reliability and Construct Validity between the Original and the Revised Versions of the Rosenberg Self-Esteem Scale. *Psychiatry Investig* 2012;9(1):54-8.

<http://www.psychiatryinvestigation.org/html/pdfdown.asp?pn=0502012008>

25. **Wongpakaran T** et al. Interrater reliability of Thai version of the Structured Clinical Interview for DSM-IV Axis II Personality Disorders (T-SCID II). *J Med Assoc Thai* 2012 2012; 95 (2): 264-9.

<http://www.jmat.mat.or.th/index.php/jmat/article/viewfile/1676/1650>

26. **Wongpakaran N**, Wongpakaran T. Prevalence of major depressive disorder and suicide in long-term care facilities: A report from northern Thailand. *Psychogeriatrics*. 2012;12(1):11-7.

<http://onlinelibrary.wiley.com/doi/10.1111/j.1479-8301.2011.00383.x/full>

27. **Wongpakaran T**, Wongpakaran N, Wedding D. Gender differences, attachment styles, self-esteem and romantic relationships in Thailand. *Int J Intercult Relat* 2012;36(3):409-17. doi:10.1016/j.ijintrel.2011.12.001.

<http://www.sciencedirect.com/science/article/pii/S0147176711001234>

28. **Wongpakaran T**, Wongpakaran N. Short version of Experience of Close Relationship questionnaire. *Clin Pract Epidemiol Ment Health*. 2012;8:36-42.

<http://benthamscience.com/open/cpemh/articles/V008/36CPEMH.pdf>

29. **Wongpakaran T**, Wongpakaran N, Sirithethawee U , Pratoomsri W, Burapakajornpong N, Rangseekajee P, Bookkamana P, Temboonkiat A. Interpersonal Problems among psychiatric outpatients and non-clinical samples. *Singapore Med J*. *Singapore Med J*. 2012 Jul;53(7):481-7. <http://www.sma.org.sg/Uploadedlmg/files/SMJ/5307/5307a8.pdf>

30. Wongpakaran N, **Wongpakaran T**, van Reekum Robert. Social inhibition as a mediator on neuroticism and depression in elderly. *BMC Geriatrics* 2012, **12**:41 doi:10.1186/1471-2318-12-41 <http://www.biomedcentral.com/1471-2318/12/41>

32. Wongpakaran N, **Wongpakaran T**. A revised version of the Thai Multidimensional Scale of Perceived Social Support (MSPSS). Spanish J Psychol 2012; 15: 3: 1503-1509. <http://www.ncbi.nlm.nih.gov/pubmed/23156952>
33. **Wongpakaran T**, Wongpakaran N. How the interpersonal and attachment styles of therapists impact upon the therapeutic alliance and therapeutic outcomes. J Med Assoc Thai 2012; Dec;95(12):1583-92. <http://www.ncbi.nlm.nih.gov/pubmed/23390791>

2013

31. **Wongpakaran T**, Wongpakaran N, Sakamoto IR, Boripunthakul T. Group Cohesiveness Scale (GCS). Pers Psychiatr Care. <http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6163.2012.00342.x/abstract>
34. Wongpakaran N, **Wongpakaran T**, Reekum RV. The Use of GDS-15 in Detecting MDD: A Comparison Between Residents in a Thai Long-Term Care Home and Geriatric Outpatients. J Clin Med Res. 2013 Apr;5(2):101-11. doi: 10.4021/jocmr1239w. Epub 2013 Feb 25. <http://www.ncbi.nlm.nih.gov/pubmed/23518497>
35. Wongpakaran N, **Wongpakaran T**, Wedding D, Gwet KL. [A comparison of Cohen's Kappa and Gwet's AC1 when calculating inter-rater reliability coefficients: a study conducted with personality disorder samples](http://www.biomedcentral.com/1471-2288/13/61). BMC Med Res Methodol. 2013 Apr 29;13(1):61. <http://www.biomedcentral.com/1471-2288/13/61>
36. Wongpakaran N, Wongpakaran T, van Reekum R. Discrepancies in Cornell Scale for Depression in Dementia (CSDD) items between residents and caregivers, and the CSDD's factor structure. Clinical Interventions in Aging 2013;8 641–648. DOI: <http://dx.doi.org/10.2147/CIA.S45201> www.ncbi.nlm.nih.gov/pubmed/23766640
37. Wongpakaran T, Wongpakaran N. Detection of suicide among the elderly in a long term care facility. Clin Interv Aging. 2013;8:1553-9. doi: 10.2147/CIA.S53355. Epub 2013 Nov 19. <http://www.ncbi.nlm.nih.gov/pubmed/24277984>
38. Wongpakaran N, **Wongpakaran T**. Cornell Scale for Depression in Dementia: Study of Residents in a Northern Thai Long-Term Care Home. Psychiatry Investig. 2013, 10;4: 359-64. <http://www.ncbi.nlm.nih.gov/pubmed/24477217>

2014

39. Wongpakaran T, Wongpakaran N. Personality traits influencing somatization symptoms and social inhibition in the elderly. Clin Interv Aging. 2014 Jan 13;8:157-64. doi: 10.2147/CIA.S56246. eCollection 2013. <http://www.ncbi.nlm.nih.gov/pubmed/24477217>
40. Wongpakaran T, Wongpakaran N, Pinyopornpanish M, Srisutasavong U, Lueboonthavatchai P, Nivataphand R, et al. Baseline characteristics of depressive disorders in Thai outpatients: findings from the Thai Study of Affective Disorders. Neuropsychiatric Disease and Treatment. January 2014 Volume 2014:10 Pages 217 - 223. DOI: <http://dx.doi.org/10.2147/NDT.S56680> <http://www.ncbi.nlm.nih.gov/pubmed/24520194>

41. Wongpakaran N, Wongpakaran T, Wannarit K, Saisavoey N, Pinyopornpanish M, Lueboonthavatchai P, et al. Level of agreement between self-rated and clinician-rated instruments when measuring major depressive disorder in the Thai elderly: a 1-year assessment as part of the THAISAD study. *Clin Interv Aging*. 2014 Feb 25;9:377-82. doi: 10.2147/CIA.S56683. eCollection 2014. <http://www.ncbi.nlm.nih.gov/pubmed/24596457>

42. **Wongpakaran T** et al. Using Control-Mastery Theory and Jungian theory with a woman distressed by dreams of Nagas: A case study from Thailand. *Journal of Mental Health Counseling*, Jul 2014. http://www.researchgate.net/publication/264195335_Using_Control-Mastery_and_Jungian_Theories_to_Treat_Nightmare_Disorder_A_Case_from_Thailand

2015

43. Tsoh J, Peisah C, Narumoto J, Wongpakaran N, Wongpakaran T, O'Neill N, Jiang T, Ogano S, Mimura M, Kato Y, Chiu H. Comparisons of guardianship laws and surrogate decision-making practices in China, Japan, Thailand and Australia: a review by the Asia Consortium, International Psychogeriatric Association (IPA) capacity taskforce. *Int Psychogeriatr*. 2015 Jan 9:1-9. [Epub ahead of print] <http://www.ncbi.nlm.nih.gov/pubmed/25573420>

44. Wongpakaran T, Wongpakaran N, Boonyanaruthee V, Pinyopornpanish M, Intaprasert S. The influence of comorbid personality disorders on recovery from depression. *Neuropsychiatric Disease and Treatment* Mar 2015;11:725—732. <http://www.ncbi.nlm.nih.gov/pubmed/25834447>

45. Wongpakaran N, Wongpakaran T, Boonyanaruthee V, Pinyopornpanish M, Intaprasert S. Comorbid personality disorders among patients with depression. *Neuropsychiatric Disease and Treatment*, Apr 2015;11:1091-1096.

2016

46. Wongpakaran T, Wongpakaran N, Tanchakvaranont S, Bookkamana P, Pinyopornpanish M, Wannarit K, et al. Depression and pain: Testing of serial multiple mediators. *Neuropsychiatr Dis Treat*. 2016;12:1849-60. doi:10.2147/NDT.S110383.

47. Paiboonsithiwong S, Kunanithaworn N, Songtrijuck N, Wongpakaran N, Wongpakaran T. Learning styles, academic achievement & mental health problems among medical students. *J Educ Eval Health Prof*. 2016;13:38. doi:10.3352/jeehp.2016.13.38.

48. Hiranyatheb T, Nakawiro D, Wongpakaran T, Wongpakaran N, Bookkamana P, Pinyopornpanish M, et al. The impact of residual symptoms on relapse and quality of life

among Thai depressive patients. *Neuropsychiatr Dis Treat*. 2016;12:3175-3181.

<https://doi.org/10.2147/NDT.S124277>

2017

49. Neelapajit A, Wongpakaran T, Wongpakaran N, Thongpibul K. Pathogenic beliefs among patients with depressive disorders. *Neuropsychiatr Dis Treat*. 2017 Apr;13:1047-1055. doi: 10.2147/NDT.S136212.
50. Satthapisit S, **Wongpakaran T**, Nakawiro D, Hiranyatheeb T, Wongpakaran N, Bookkamana P, Pinyopornpanish M, Lueboonthavatchai P, Apisiridej N, Saisavoey N, Wannarit K, Srichan T, Ruktrakul R, Temboonkiat A, Tubtimtong N, Rakkhajeekul S, Wongtanoi B, Tanchakvaranont S, Srisutasanavong U, Nivataphand R, Petchsuwan D. Insomnia subtypes in depressive disorders and their relationship to clinical outcomes. *J Psychiatr Assoc Thailand*. 2017;62(1):47-58. [\[Full-text\]](#)
51. **Wongpakaran T**, Wongpakaran N, Sirirak T, Arunpongpaisal S, Zimet G. Confirmatory factor analysis of the revised version of the Thai multidimensional scale of perceived social support among the elderly with depression. *Aging Ment Health*. 2017 Jun 16:1-6. doi: 10.1080/13607863.2017.1339778. [Epub ahead of print]
52. Jiraniramai S, Jiraporncharoen W, Pinyopornpanish K, Jakkaew N, Wongpakaran T, Angkurawaranon C. Functional beliefs and risk minimizing beliefs among Thai healthcare workers in Maharaj Nakorn Chiang Mai hospital: its association with intention to quit tobacco and alcohol. *Subst Abuse Treat Prev Policy*. 2017 Jul 12;12(1):34. doi: 10.1186/s13011-017-0118-1. PMID:28701196 , <https://www.ncbi.nlm.nih.gov/pubmed>

2018

53. Simcharoen, S., Pinyopornpanish, M., Haoprom, P., Kuntawong, P., Wongpakaran, N., Wongpakaran, T. Prevalence, associated factors and impact of loneliness and interpersonal problems on internet addiction: A study in Chiang Mai medical students (2018) *Asian Journal of Psychiatry*, 31, pp. 2-7. <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85040018329&doi=10.1016%2fj.ajp.2017.12.017&partnerID=40&md5=491552743c2e99f3246a58c7f7d5ba6c>
54. Neelapajit A, Pinyopornpanish M, Simcharoen S, Kuntawong P, Wongpakaran N, **Wongpakaran T***. Psychometric properties of a Thai version internet addiction test. *BMC Res Note*. 2018 Jan 24;11(1):69. <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85043503517&doi=10.1186%2fs13104-018-3187-y&partnerID=40&md5=7a0f91702d029cea564c1d2bd1e00473>
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Books & Chapters

1. Textbook of Psychiatry (Manit Srisurapanont and Chamlong Disayavanish, Eds, 1999)

2. Psychotherapy: Theory and Techniques (จิตบำบัด: ทฤษฎีและเทคนิค) (Tinakon Wongpakaran, Ed 2009, and 2nd Ed 2010)
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Areas of interests

1. Individual psychotherapy, Group psychotherapy
2. Personality disorders
3. Adult psychiatry
4. Geriatric Psychiatry

